Vancouver metro

TUESDAY, SEPTEMBER 27, 2016

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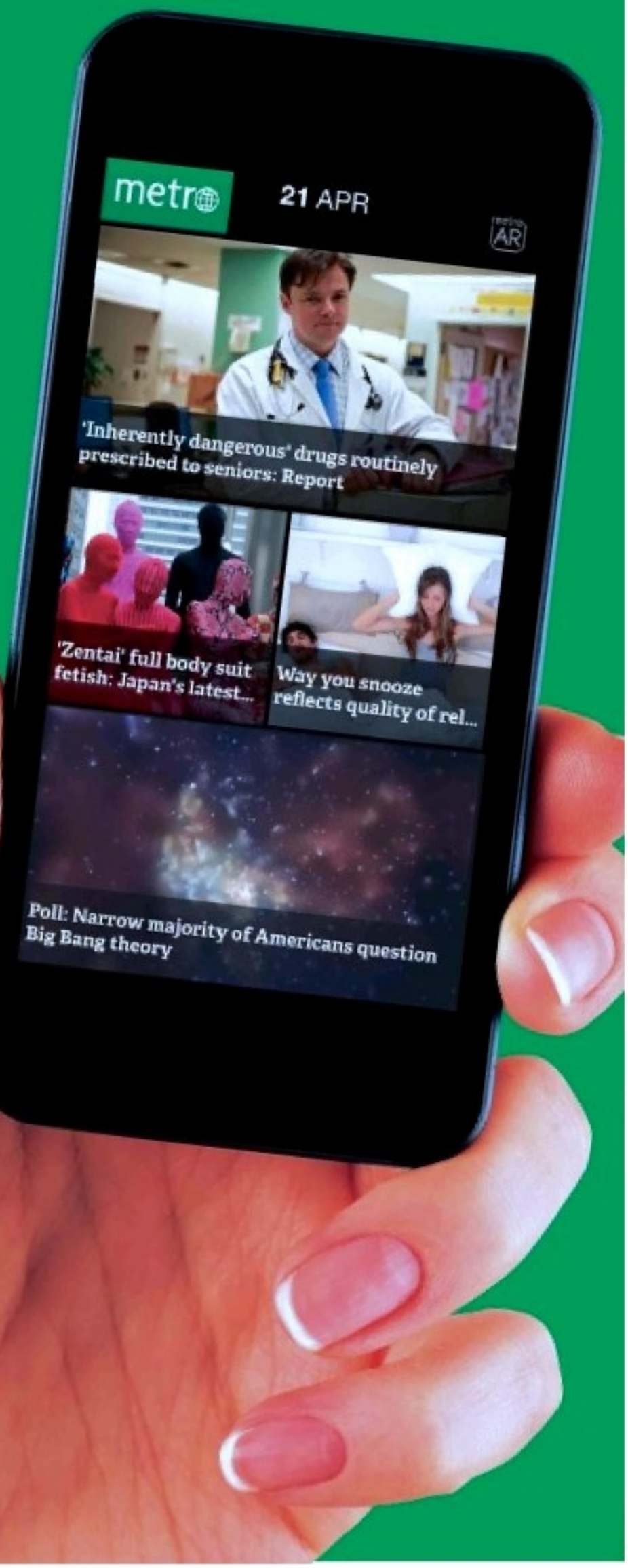
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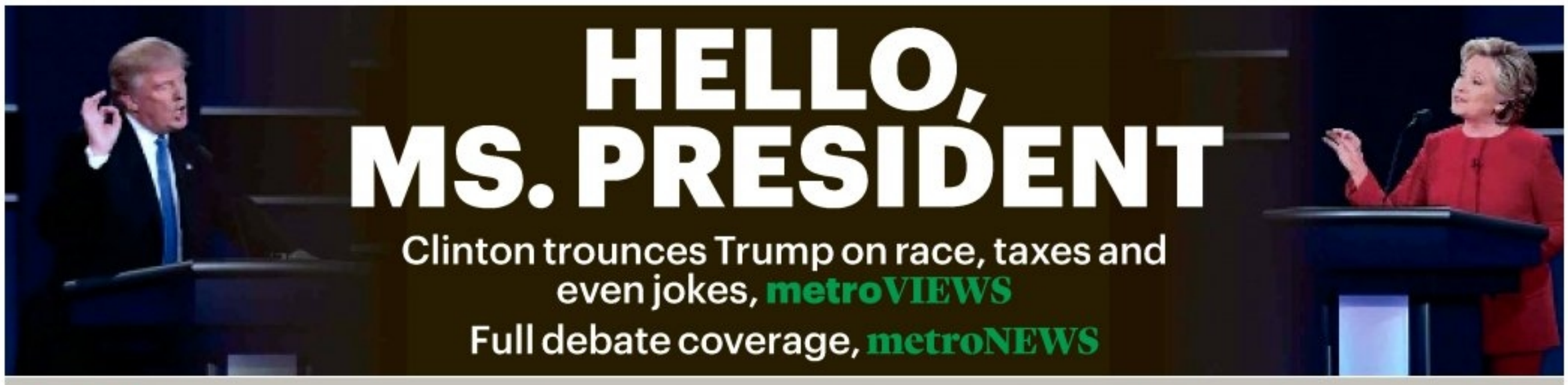

HELLO, MS. PRESIDENT

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Vancouver metro

POLICE BRUTALITY

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metroSPORTS

Your essential daily news | TUESDAY, SEPTEMBER 27, 2016

High 17°C/Low 10°C Partly cloudy

THE CANADIAN PRESS

THE ROYALS' RAIN

Duke and Duchess of Cambridge designate Great Bear Rainforest as part of the Queen's Commonwealth Canopy

metroNEWS

Vancouver's critically low supply spurs emergency food drive

DONATIONS

Loblaws challenges other retailers to follow its lead

Jen St. Denis
Metro | Vancouver

Loblaws has started an emergency food drive in Metro Vancouver to help fill a critically low supply of food at the Greater Vancouver Food Bank — and it's challenging other retailers to jump on board.

"The Greater Vancouver Food Bank is at critically low supplies and we want to have those shelves replenished," said Chris Smith, a spokesman for Loblaws/Shoppers Drug Mart.

The food bank put out the call for help on Sept. 17 with a food drive of its own. That effort brought in 42,000 pounds of food, but it still fell far short of the charity's target of 100,000 pounds. While food banks normally experience a dip in donations over the summer, supplies haven't been this low since GVFB opened in 1982.

Loblaws is the first large grocery store chain to respond to the crisis, said Ariela Friedmann, communications director for GVFB.

Loblaws operates Real Canadian Superstore, No Frills, Your Independent Grocer and Loblaws City Market stores throughout Metro Vancouver. Shoppers can donate at bins that have now been set up at those stores, Smith said.

Friedmann is asking that shoppers fill the bins with items like canned tuna, canned salmon, canned beans like chick peas, kidney beans and black beans, canned vegetables and canned fruit.

Cash donations can be also be made online at foodbank.bc.ca.

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Closer to closure

EDUCATION

School board moves eleven schools forward in the process

Wanyee Li
Metro | Vancouver

Vancouver school trustees voted to move 11 schools forward in the potential closure process at a public meeting at Sir Charles Tupper Secondary on Monday night.

The district no longer has to work toward a 95 per cent utilization rate in order to receive seismic funding from the province but trustees decided Monday to continue the school closures process. It would be unacceptable to delay seismic upgrades anymore, said trustee Allan Wong.

"There are a lot of questions that need to be answered," he said.

"But (seismic upgrades) have been delayed already.... We need our schools seismically upgraded by 2025, 2030."

The board voted to keep all schools except Britannia on the potential closure list. The 11 schools will now go into a two-month consultation period ahead of a final decision on closure in December.

Trustees passed one amendment that made Dr. A. R. Lord Elementary's potential closure conditional on seismically upgrading nearby Sir Matthew Begbie Elementary School.

More than a hundred students, parents and teachers attended Monday's meeting, hoisting signs that begged trustees to not close their schools. The Save Gladstone campaign had the largest contingent by far and made it clear with several interruptions during the night the school enjoyed strong community support.

But trustees carried the motion to keep Gladstone Secondary on the list.

Advocates for the school vowed to continue fighting to save the school during the consultation period.

"If (the VSB) continues to have these schools on the list we'll have to step it up even more," NDP MLA Adrian Dix told Metro.

Gladstone students rally outside Sir Charles Tupper Secondary on Monday night, where VSB was holding a public meeting about potential school closures. WANYEE LI/METRO

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Your essential daily news

Home Depot removes "Peeper Creeper" decoration from sale after complaint. **Business**

Laws trap women: Advocates

DOMESTIC VIOLENCE

Rules of social assistance make them rely on partners

Matt Kieltyka
Metro | Vancouver

British Columbia's social assistance laws can prevent women from leaving violent relationships, say advocates who are pushing government for change.

Kendra Milne, director of law reform for West Coast Women's Legal Education & Action Fund (LEAF), wants the province to make changes to the Employment and Assistance Act and Employment and Assistance for Persons with Disabilities Act to better protect vulnerable women and people with disabilities.

Under the current law, most couples aren't considered spouses until they've lived together for two years and can choose to keep their finances completely separate beyond that.

But people on social assistance are subject to a completely different set of rules and must declare their partner as a spouse after three months.

That means a single mother on social assistance can quickly find herself cut off from welfare and become financially dependent on her partner, regardless if any financial assistance is being provided at all.

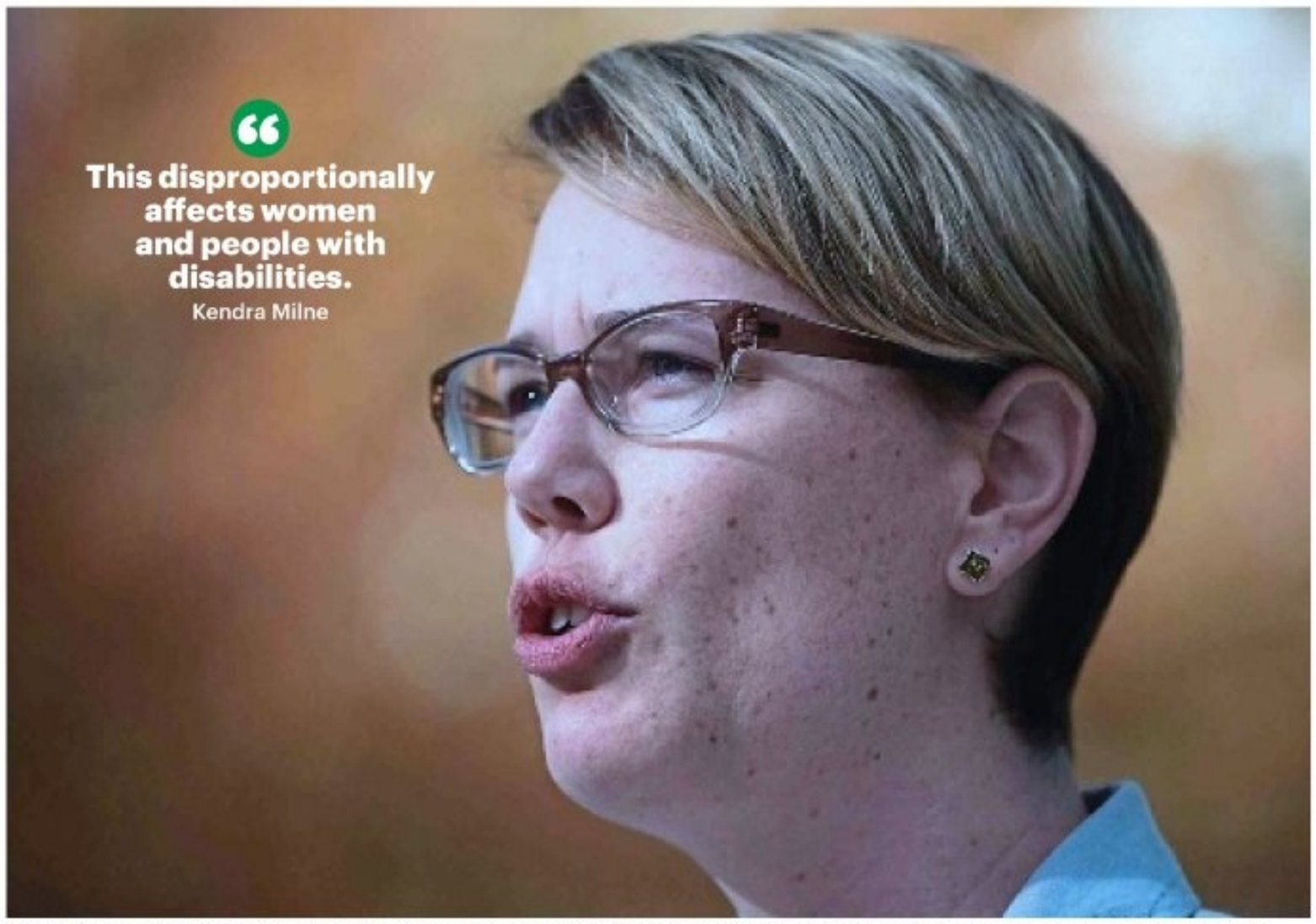
"When women are in newer relationships, it eliminates their ability to try on a new relationship because after three months they're forced to be totally and 100 per cent dependent on the person they're living with," Milne told Metro, "which puts them at increased risk of violence and makes it harder for them to leave if they experience it."

West Coast LEAF released a briefing note Monday urging government to apply the same definitions under B.C.'s Family Law to people on social assistance.

"If the government is going to assume that someone has access to another person's income and assets, then they should only do that when there is actually evidence of that happening. We're proposing that basically the income assistance laws line up with the rest of the laws that apply to everyone else in B.C.," said Milne.

"It's a human rights issue because we know this disproportionally affects women and people with disabilities. It also makes a lot of common sense to make sure people have a common set of rules."

The current laws for declaring dependents and spouses on social assistance have been on the books since 2006 and replaced "even worse" definitions that were in place before then, Milne said.



Kendra Milne, director of law reform for West Coast LEAF, a women's legal education action fund, speaks outside B.C. Supreme Court Monday. THE CANADIAN PRESS

RIGHTS

Lawsuit takes on citizenship legislation

David P. Ball
Metro | Vancouver

"Investigator, prosecutor and decision-maker."

If those words sound like a tagline for a new Judge Dredd film, they're not. They describe new powers vested in Canada's Citizenship and Immigration Minister, according to lawyer Lorne Waldman, who is suing the federal government over a Conservative-era law that remains on the books today.

Immigrant families have had their Canadian citizenship torn away from them under a Conservative-era law — and several are behind the lawsuit launched in federal court Monday.

Under the legislation, officials can strip citizens of Canadian status if they are found to have lied or misrepresented themselves on immigration documents. The decision rests with the citizenship minister; the accused are not entitled to legal aid or even appearing before a judge.

"An individual should have a right to a fair hearing," said Waldman, an executive member of Canadian Association of Refugee Lawyers, in a statement.

Waldman is representing several people who discovered they were no longer Canadians under the Harper-era law. One of them is identified only as "Ms. B," an 18-year-old from Egypt who became Canadian after moving here a decade ago.

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Rainforest stop for royal couple

The Royals in Canada

William, Kate brave rain to add coastline to Queen's canopy

Prince William and Kate's tour of British Columbia was knocked off course on Monday as the royal couple braved bad weather to add a unique area of rainforest coastline to a conservation effort started by the Queen.

The Duke and Duchess of Cambridge visited the Great Bear Rainforest on the province's central coast on a day when their itinerary was blown apart by high winds, choppy water and pouring rain in an area of the province known for downpours. A float plane tour of the forest and boat tour of the Bella Bella Harbour were cancelled.

In marking the addition of the rainforest to the Queen's Commonwealth Canopy, Prince William lauded efforts to protect the area as an example of what connects Commonwealth countries.

"This is a substantial dedication, which will highlight a more collaborative approach to sustainable forest conservation," he said.

"The establishment of the canopy is a loud and unambiguous statement that the citizens of all Commonwealth countries believe that nature is fundamental to the health of our societies. When we protect our rivers, oceans, atmospheres, or like today our forests, we are telling our children that their future prosperity cannot be disconnected from the health of the natural world."

The initiative was launched in 2015 to create a network of forest conservation programs involving all 53 countries in the Commonwealth.

The Duke and Duchess of Cambridge along with the Premier of British Columbia Christy Clark walk through the Great Bear rainforest in Bella Bella, B.C., Monday. JONATHAN HAYWARD/THE CANADIAN PRESS

> **Citizens of all Commonwealth countries believe that nature is fundamental to the health of our societies.** Prince William

As part of the network, regions can share ideas and innovations about forest conservation and receive global attention for their efforts.

Early this year, the province and the Coastal First Nations including the Heiltsuk announced they would increase protection of the area, conserving 85 per cent of the forested areas from industrial logging.

The rain eased up after the dedication ceremony and William and Kate took a stroll along a boardwalk through part of the rainforest.

The Royal couple were presented with hand-carved wooden paddles.

"I strongly encourage you to dip this in the water before you leave," said Ian Reid. "It will bring you back."

B.C. Premier Christy Clark announced that a $1-million trust will be created to celebrate the royal visit and promote the unique landscape. The fund will help raise awareness about the Great Bear Rainforest and support ongoing research.

Clark said the protected area of 6.4-million hectares is about the size of Ireland and it took about a decade to reach an agreement on its management.

"It was a long, hard negotiation but we all recognize we have a unique responsibility to preserve this jewel for the world," she added.

Heiltsuk First Nation Chief Marilyn Slett said William and Kate's focus on youth during their tour of B.C. ties in with the goal of protecting the rainforest.

"While the canopy designation recognizes the work we did around land-use planning, the interconnection between our lands and our waters cannot be understated," she said. "The Heiltsuk do this work because our children's ... futures depend on it." THE CANADIAN PRESS

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Fixed rent hikes already unlawful

HOUSING

Changes aren't needed to rules on increases: Landlord group

David P. Ball
Metro | Vancouver

David Hutniak, CEO of Landlord BC, at the Metro Vancouver office. DAVID P. BALL/METRO

The head of a landlord industry group says that tenants should be able to successfully fight landlords who are not using fixed-term tenancies correctly, and banning them outright could lead to problems for both tenants and landlords.

"We've been very blunt about this among the small cohort of our industry that's not following the act on this issue," said David Hutniak, CEO of Landlord BC. "We basically denounce that behaviour."

With the most expensive rents and lowest rental vacancy rate of any Canadian city, Vancouver renters have been speaking out about encountering the tactic, where a landlord asks the tenant to sign a fixed-term tenancy agreement, usually for one year, with a vacate clause.

At the end of the term, some tenants say they've been told their rent will go up by as much as $375 a month, or 19 per cent, if they want to negotiate an entirely new lease and stay in their apartment, according to email correspondence shared with Metro by the former tenant of one Kitsilano apartment building.

> **We basically denounce that behaviour.**
> David Hutniak on law-breaking landlords.

Some of the city's largest developers use the agreements: Aquilini uses back-to-back fixed-term agreements for its new West Tower rental building near Rogers arena, and Westbank has raised rents over the 2.9 per cent allowable rent increase rate by using fixed term agreements with a vacate clause, according to reports in Business in Vancouver and CBC.

Some landlords use back-to-back fixed term agreements in order to "get a track record with the tenant to ensure it is a mutually beneficial relationship," Hutniak said. However, tenant advocacy groups say the agreements shift the balance of power to the landlord.

But even when tenants initial the vacate clause, Hutniak said, the tenancy does not end without certain other things happening: a proper notice of a rent increase, which is subject to the annual 2.9 per cent rent increase cap, or a final inspection, return of keys and changing of locks.

The practice has caught the attention of Rich Coleman, the B.C. minister responsible for housing, who told Metro last week that his ministry is in the process of looking at changes to fixed-term agreements because the way some landlords are using them is a "gaming of the system."

But without a fixed-term agreement, a property owner, such as a university professor going on sabbatical, might choose to use a short-term rental service like Airbnb, Hutniak said.

Landlords might also be choosing fixed-term agreements because they plan to sell the building or are planning to renovate for resale or to increase their profit margins, Hutniak said.

"That's a two or three year process of planning: getting the approvals from the city," he said. "One part of it is having the certainty that when you're ready to start gutting it ... to know that you have a process by which you can vacate the premises.

"As the property owner, somewhere property rights have to come into this."

UNION OF B.C. MUNICIPALITIES

Tent cities, homelessness key issues at annual convention

Municipal politicians from across British Columbia have gathered in Victoria this week for the annual Union of B.C. Municipalities convention.

About 2,000 elected politicians and civic staff members are attending the conference, which continues until Friday.

Discussions on the opening day of the convention feature a panel on tent cities and homelessness, with Victoria Mayor Lisa Helps and Minister Responsible for Housing, Rich Coleman, taking part.

Over the week, delegates will hear from politicians ranging from Premier Christy Clark and Opposition Leader John Horgan to the federal Minister for Infrastructure and Communities, Amarjeet Sohi.

Debate is slated to begin Wednesday and could continue through to Friday as the convention considers almost 200 separate resolutions.

Elections are scheduled for Thursday, with a new president selected to replace Cariboo Regional District chairman Al Richmond, who is wrapping up his year-long term. THE CANADIAN PRESS

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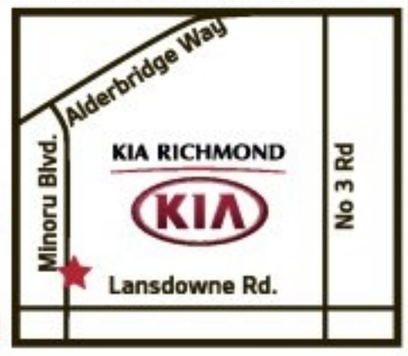

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Canadian professor 'free and out of Iran'

MIDDLE EAST

Homa Hoodfar held for months in notorious Tehran prison

Homa Hoodfar arrives in Oman after being released on Monday. THE CANADIAN PRESS

Retired Canadian-Iranian professor Homa Hoodfar has been released from an Iranian prison and is recovering with family in Oman, her friends and colleagues confirmed Monday, four months after her arrest that made headlines around the world.

Last March, shortly before she was to return to Canada after a trip to Iran, Hoodfar, 65, was detained and then released on bail but kept under house arrest. She was re-arrested and held in Tehran's Evin prison since June 6.

The exact reasons for her detention were never made public, but her family and colleagues have indicated she ran afoul of Iranian authorities due to her research on homosexuality and women's sexuality in the context of Muslim countries.

Until recently, Hoodfar taught anthropology and sociology at Montreal's Concordia University, where colleagues told a news conference they were overjoyed with her release.

Margie Mendell, a Concordia professor and close friend, said Hoodfar's niece Amanda Ghahremani was on hand to meet her in Oman — the first stop on her journey home.

"She's very frail, she looks extremely thin ... and very worn," Mendell said of a report she received. "I suspect that she's not in good health, but she's free ... and she's out of Iran and she will get medical care and her medication."

Hoodfar suffers from a serious neurological condition and her family had said requests for a check-up by an independent specialist doctor while jailed were ignored.

Marc Lafrance, her former colleague in Concordia's anthropology and sociology department, said Hoodfar's family was grateful for the help from federal authorities.

Canada has not had an embassy in Iran since 2012, when its then-Conservative-led government cut diplomatic ties over Tehran's contested nuclear program and other issues.

Prime Minister Justin Trudeau said in a statement that the Canadian government has been "actively" working for her release.

Lafrance said he exchanged emails with her during her house arrest.

He said Hoodfar would be interrogated for up to nine hours and sent home with "homework." Hoodfar was told to write essays on her research and political leanings, her colleagues said. THE CANADIAN PRESS

CALGARY

Man charged with player's murder

Police have charged a 19-year-old Calgary man with second-degree murder following the shooting of a Calgary Stampeders player.

Police say Mylan Hicks, 23, was shot outside a nightclub following an altercation early Sunday morning.

Mylan Hicks CONTRIBUTED

Nelson Tony Lugela is charged with second-degree murder. He is scheduled to appear in court Friday morning.

The team has said several players were at the Marquee Beer Market and Stage after their win Saturday. Insp. Don Coleman said it appears there was a fight inside the bar before closing time that continued outside and escalated. THE CANADIAN PRESS

INDUSTRIAL ACCIDENT

Man buried in scalding hot tar

A man was in life-threatening condition after being encased in hot tar that solidified during an industrial accident in Toronto on Monday morning.

Rescuers worked for more than an hour to free the man.

Const. Clint Stibbe said the truck that was carrying a vat of hot, liquid tar, came to a sudden stop in the city's east end after the driver noticed a boom attached to the vehicle fell to the road. There were three men in the back, Stibbe said, when the abrupt stop caused the tar, kept around 200 C, to spill onto one of the men, trapping him inside.

He said firefighters had to slice away part of the truck before slowly cutting hardened tar in small pieces away from the man's body.

Police said the 46-year-old was breathing and conscious throughout the ordeal. THE CANADIAN PRESS

Trump vs. Clinton: Round 1

U.S. ELECTION

Republican stumbles after taking bait on heated issues

Donald Trump and Hillary Clinton participate in a presidential debate in Hempstead, N.Y., on Monday. DAVID GOLDMAN/THE ASSOCIATED PRESS

Measured versus agitated. Practiced versus improvisational. Mostly factual versus — frequently not even close.

If anyone in America still believed there is no real difference between Republican presidential candidate Donald Trump and his Democratic opponent Hillary Clinton, a dramatic and acrimonious first debate likely disabused them.

Hectoring and grimacing, Trump pressed a populist economic message that sought to portray Clinton as a do-nothing agent of a failed status quo. Clinton, smiling and quieter, painted Trump as a bigoted and dangerous charlatan with dark financial secrets and a long record of mistreating average people.

Trump began the debate in his sweet spot: jobs and trade. But he seemed to falter as the night proceeded, taking Clinton's bait on uncomfortable matters of race, gender and his business past.

And Trump delivered the only lines that may turn into damaging gaffes. When Clinton noted that he cheered for the housing crisis because it could present a money-making opportunity for himself, he said, "That's called business." And when Clinton pointed out that he paid no income tax in some years, he said, "That makes me smart."

Speaking in generalities as usual, the businessman dispensed with direct answers in favour of angry attacks on a former senator and secretary of state he said has no solutions for a country in crisis.

"Typical politician, all talk, no action, sounds good, doesn't work, never going to happen," he said at one point. "Our country is suffering because people like Secretary Clinton have made such bad decisions in terms of our jobs and in terms of what's going on."

Trump, though, refused to explain what he would do to bring back the jobs he alleged that Clinton had chased away. ("First of all, you don't let the companies leave," he said when pressed.) And he struggled to explain the most damaging parts of his history, regularly resorting to lies when challenged by Clinton and moderator Lester Holt.

The biggest whopper: his repeated claim that he opposed the war in Iraq, which he supported until 17 months after the invasion.

Among other things, he also falsely claimed that New York has seen more murders since the city ended its stop-and-frisk police search program, that stop-and-frisk was not ruled unconstitutional, that he did not press the issue of President Barack Obama's birthplace after 2011, and that he never suggested he could renegotiate the country's debt, and that he has called climate change a Chinese hoax.

> **I know you live in your reality.**
> Hillary Clinton to Donald Trump

Clinton, who appeared to grow stronger as the 90-minute clash unfolded, launched her sharpest attacks on three of Trump's chief vulnerabilities: his refusal to release his tax returns, his record of sexist remarks, and his spotty record in dealing with and talking about racial minorities.

"You've got to ask yourself, why won't he release his tax returns? And I think there may be a couple of reasons. First, maybe he's not as rich as he says he is. Second, maybe he's not as charitable as he claims to be," she said.

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Gas project decision first test for PM

ENERGY

Feds have to navigate competing interests

Environment Minister Catherine McKenna has a final environmental assessment of the Pacific NorthWest LNG project in hand, with the federal Liberal cabinet set to meet Tuesday in the national capital.

A decision from the Liberal government on the proposed $36-billion project in northern British Columbia must be made no later than next Monday.

When it happens, it will mark the first true litmus test of how Prime Minister Justin Trudeau navigates competing interests between environmentalists and First Nations concerned about climate change and salmon habitat and pro-development advocates, including the B.C. government of Christy Clark.

The liquefied natural gas processing plant on Lelu Island near Prince Rupert would ship 19 million tonnes a year of frozen, liquefied gas to markets in Asia while pumping more than five million tonnes of carbon dioxide annually into the atmosphere.

The government's acceptance or rejection of the project will set the table for an autumn of crucial decisions on a national climate change plan and energy sector infrastructure.

A draft assessment of the project, whose major partner is Malaysia's Petronas, found it was "likely to cause significant adverse environmental effects," although mitigation measures would result in no serious harm to fish habitat.

THE CANADIAN PRESS

Ottawa's acceptance or rejection of the Pacific NorthWest LNG project will set the stage for key decisions on a national climate change plan. TIM SULLIVAN/ALASKA RAILROAD / THE ASSOCIATED PRESS

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HALLOWEEN

Home Depot pulls peeping Tom decor

Home Depot Canada says it has pulled a Halloween window decoration that mimics a peeping Tom from its stores after a complaint from a customer.

The home-renovation chain says it took "immediate action" to remove the Scary Peeper Creeper from shelves after a customer raised concerns.

The CBC reports that a woman complained the decoration — which is attached to a window and looks like a man peering inside — makes light of a real and legitimate threat to women's safety.

Home Depot Canada says it reached out to the person who made the complaint and apologized, adding the product is not in line with the company's "core values." The item no longer appeared on the store's website Monday morning but was listed at $29.98 on the company's American site.

It looks like the head and hands of a hooded man pressed against the window.

THE CANADIAN PRESS

BOMBARDIER

CSeries jet has green credentials confirmed

Bombardier says its new CSeries aircraft has received the aviation industry's first independent environmental certification, confirming the promise of a commercial jet with a substantially lower carbon footprint.

The manufacturer says the CS100, which was entered into service by Swiss International Air Lines in June, received the Environmental Product Declaration from Sweden's International EPD System.

"It adds credibility to what we say when we talk about this airplane being a green airplane," Fred Cromer, president of Bombardier Commercial Aircraft, said in an interview.

With fuel consumption equivalent to 50 kilometres per litre, Bombardier says that over its lifespan each CSeries will emit 120,000 tonnes less carbon dioxide than other jets of similar size. That's comparable to taking more than 32,000 mid-sized cars off the road for a year. Bombardier has received eight certifications for its railway products but said this is the first for any airplane.

THE CANADIAN PRESS

IN BRIEF

Shomi shutting down

Shomi says it is shutting down as of Nov. 30 after two years in operation. The web streaming service attributed the decision to a business climate and online video marketplace that has changed markedly in recent years.

THE CANADIAN PRESS

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NATURAL GAS: $3.07 US (+4¢)
DOW JONES: 18,094.83 (–166.62)

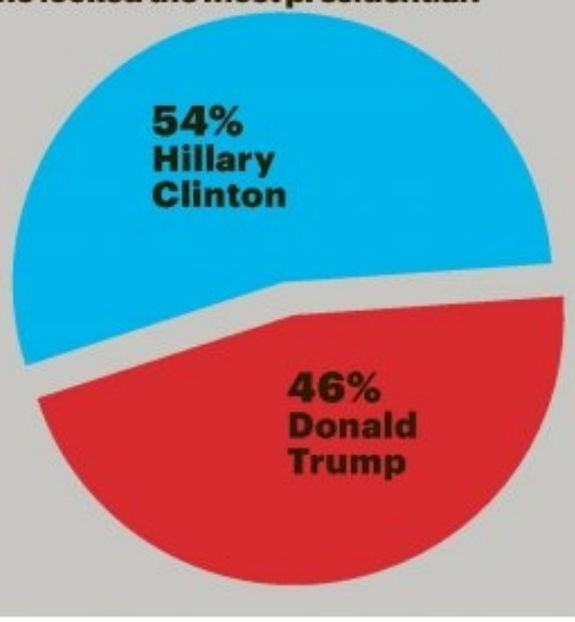
metro VIEWS
Your essential daily news
Tuesday, September 27, 2016

METRO POLL

Clinton vs. Trump, Round 1 scorecard

In the blue corner was Democrat Hillary Clinton. In the red corner, Republican Donald Trump. Tuesday night's debate, the first of the two for the U.S. presidential candidates, was an event with the highest possible stakes, given that projected TV ratings were at Super Bowl levels, and pre-debate national polls showed the candidates to be essentially tied. We asked our readers to submit their scorecards.

1 Who looked the most presidential?



2 Did anything you heard change your mind?

88% No. "Trump is awful. Hillary knows her stuff."
12% Yes. "I was a Hillary fan but agree with Trump."

3 What were the best lines?

I take advantage of the laws
Trumped-up trickle-down economics
I will release my tax returns when she releases her 33,000 deleted emails
Donald, I know you live in your own reality
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HAVE YOUR SAY

Two prime ministers, two different worldviews

URBAN COMPASS
Petti Fong

In a speech of some minor importance in an organization that bills itself as having some importance, Canada's prime minister demonstrated once again that when it comes to "aw shucks" diplomacy, we're entering into a stage where platitudes matter.

Justin Trudeau's inaugural speech last week at the UN painted a rosy picture of a "progressive" country where darker pinpoints are becoming more glaringly obvious.

Young Canadians are frustrated, women and girls still face inequality in the workplace and seniors sometimes have to rely on food banks.

In Trudeau's portrait of Canada, anxiety is a reality and his job as a politician is not to exploit that anxiety — the easier road, but to allay those feelings with direct questions.

That's where Trudeau says Canada has a role to play within its borders and then outside it. By creating a successful and peaceful and fair world.

It's a nice feeling to live in a place where the idea of justice for all Canadians will lead eventually to a more just world outside.

These are such moments that have become crystal clear to Gerry Mills, the executive director of the Immigrant Services Association of Nova Scotia who has had a tumultuous, busy year. Ever since the photograph of Alan Kurdi became the symbol of the Syrian refugee crisis, Nova Scotia has seen a huge shift in its immigrant population.

Before the photo, the province had about 200 refugees a year. In the last year, more than 1,100 of them have made Nova Scotia their new home. That puts Nova Scotia at No. 3 in terms of provinces who accepted the highest number of privately sponsored refugees per capita.

Until last year, Mills says, many Nova Scotia residents believed in multicultural but didn't have to practice it.

"We've put in a lot of time and effort and energy into making multiculturalism work and we don't just say we're a multicultural country but we know that we have to work at it," she says.

Trudeau talked about that support, saying Canadians have opened their arms and their hearts, welcoming in more than 31,000 refugees.

Given what Canada has done and what even small provinces have managed to do, Trudeau's talk was timid. His last line, an offering to help, seemed a tad too disingenuous. Like his meeting with Prince George this weekend, neither a high five nor a low five was being returned.

Australian PM Malcolm Turnbull's turn at the podium was a more fiery, defiant one.

Turnbull's predecessor, Tony Abbott, announced an emergency intake of 12,000 Syrian refugees last year, but so far the country has let in just under 8,900 of them.

In his speech, Turnbull said porous borders drain away support from the public for multiculturalism. Australia's response to increased migration was to strengthen its border controls with mandatory detentions and offshore processing.

If Trudeau's speech focused on the way his government would like to see the world as it should be, Turnbull's was more jaded.

"We need to see the world clear-eyed as it is, not as we would like it to be, or as we fondly imagine it once was," he says. At the end of his talk, Turnbull made no offer of a helping hand.

ROSEMARY WESTWOOD

Last night an adult debated a child — and it wasn't even close

There was only one adult on the debate stage last night.

And she absolutely slayed.

Hillary Clinton did what so many of her critics deemed impossible: She led the debate, she kept her calm, she even looked like she was enjoying herself — no easy feat, if you believe the media's construct of Clinton's demeanour. Clinton also happened to make sense: An obvious added bonus.

Trump... not so much. He interrupted and talked over Clinton as he pleased, pouncing with a single declarative ("Wrong!" "Facts!" "Not!") at every attack, but was so long-winded and digressive during his own time as to be unquotable on any policy point at all. (He proved "semi-exact," to quote one Trumpism that will endure.) He was always following, gripping, the younger child desperately trying to keep up.

Clinton? She laughed, she smiled, she replied to Trump with the eloquence of a competent leader. And she had the better zingers. "Just listen to what you heard," she quipped.

And we were, giddily. At the bar I was in — packed to the gills with bartenders so overworked I could smell them — we were eating it up. There were jeers and cheers. All the buzz you'd expect from a spectator sport.

And yes, there's an entertainment value to debates.

But as a Canadian, safely watching from this side of the 49th, it's easy to forget that this is not just reality TV.

An angry ex-pat American (and Trump sympathizer) once wrote to tell me how egregious she considered Canadian coverage of the American election.

We're all in cahoots to offer "ridiculously slanted and blatantly biased" coverage, she wrote, obsessed with "chronic musings and snide perspectives about a race that (we) cannot even participate in."

If by "biased" she means able to view Trump as an objectively horrific choice for president — guilty as charged. But it is true, undeniably, that this is not our race. We have (economic, cultural, political) skin in the game, but not every limb and bone. Not the heart. This isn't our imagined family tearing itself apart. We are cousins at a distance. This is not our kitchen table.

Now that the election approaches the boiling point, now that polls track the rising Trumpian wave, now that a man in Georgia is talking on NPR about joining a militia in case there's a civil war — now's the time to remember this: We are the spectators.

But this game? It's real. And, thank God, Clinton looks like a winner.

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"I stand with Hillary. I'm with her. I believe Hillary will best represent our country." — Kim Kardashian

Your memory can be hacked

INTERVIEW

Researcher's book reveals the flaws in our recollections

Stop for a moment and think about your first job interview. Can you remember it? Now, try to remember your first day of kindergarten. Or where you were on 9/11. Or the day of your wedding.

Those thoughts, those memories, popping into your head — they're probably flawed. And you might've even made some of them up.

So says Julia Shaw, a Canadian researcher and "memory hacker."

As a forensic psychologist and memory expert, Shaw is capable of creating false memories in the minds of average people about events that never actually happened, be it that they committed a terrible crime or were attacked by a dog. Horrifying? Yup. Totally fascinating? That too.

"Normally, you do this unintentionally," Shaw tells me. "You're talking to family and friends, sharing memories, picking up details. But researchers like me, we hijack that process."

Shaw is promoting her new book, The Memory Illusion, which explores the science behind false memories, self-deception and how our memory system really works. Your brain is "incredibly malleable and adaptive," according to Shaw, a senior lecturer in criminology at London South Bank University.

Psychologist Dr. Julia Shaw, author of The Memory Illusion says that the neural plasticity of our brains is the reason we're able to form memories but it also means we're capable of making memory mistakes. TORSTAR NEWS SERVICE

Neurons — cells in our brain — connect with one another to develop meaningful networks, which change according to our experiences, Shaw writes.

She likens it to a Wikipedia page, where you can modify things — and so can other people. "It's fluid, with all sorts of inputs, where memories can be readily deleted," Shaw says.

Imagine being at a dinner party where friends are all recounting a high school memory. Everyone offers a tidbit, which reshapes your recollection of the event — and, in the end, it's impossible to know which parts are your memories or those of other people, and if certain parts of the story even happened at all.

Our attention span also comes into play in memory formation, since we can only truly focus on one thing at a time, Shaw notes. It's like what happens at speed dating or a networking event: Despite your best efforts, you're likely going to forget people's names as your brain filters through information about their appearance, their voice, their personality.

"We often don't process someone's name because we're so busy processing them as a whole," says Shaw.

The "neuronal plasticity" of our brains is the reason we're able to form memories, but it also means we're capable of these memory mistakes. And there's where memory hacking comes in.

"I get people to confuse their imagination with their memory, by getting them to repeatedly picture an event happening, and adding multi-sensory details like what they're hearing, seeing, smelling, tasting," Shaw tells me. "Over time, that can become indistinguishable in the brain from a real memory."

In other words: Shaw can make you truly believe you did something that never actually happened. Think you wouldn't be fooled? Don't bet on it. In Shaw's research, 70 per cent of individuals were classified as having these false memories.

Her work, and that of other researchers in the memory field, offers a wake-up call to the justice system, highlighting how law enforcement agencies can be capable of eliciting false confessions.

But Shaw's ultimate message isn't one of fear. Our brains are wired this way for a reason, and false memories are just the byproduct of how our malleable minds work. "Our reality is a personal construction, and the flexibility of our memories allows us to learn, update information and make connections. Without that, we would have nothing," Shaw says. TORSTAR NEWS SERVICE

MIND GAMES

Weird works: "Research shows that, from a memory perspective, weirdness sticks," Shaw writes. In other words: Unexpected components make for memorable pieces of information. Consider the statement 'don't think about pink elephants," Shaw suggests. It's weird and unexpected, and it'll probably stick it your head.

Master mnemonics: Mnemonics means the study and development of systems for improving and assisting memory. Remember those childhood phrases like 'Never Eat Soggy Weiners' or 'Never Eat Shredded Wheat'? They both act as quirky and memorable ways to remember the directions of north, east, south, and west.

Episodic

Better Call Saul

After a screening of his Emmy nominated episode, Five-O, writer Gordon Smith discusses his work on the acclaimed Breaking Bad spinoff series.

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ISTOCK

THERE'S AN UPSIDE TO MORNING SICKNESS

It's dreaded by moms-to-be but morning sickness is actually a good sign for the baby, a U.S. government study shows, confirming common pregnancy lore and less rigorous research. Led by Stefanie Hinkle, a researcher at the National Institute of Child Health and Human Development, the study involved almost 800 women. They were asked to record symptoms in daily diaries for the first eight weeks of pregnancy.

THE NUMBERS

Of the nearly 800 women in the study, 443 completed daily diaries, and just over half of them reported nausea by the eighth week of pregnancy, also similar to national estimates. About one in four had nausea and vomiting. The researchers then used statistical analyses to calculate that nausea alone, or nausea with vomiting, was linked with a 50 per cent to 75 per cent reduction in the risk of pregnancy loss.

STUDY STRENGTHS

Unlike some previous studies, the new research had data on women even before they became pregnant, so they were able to include miscarriages that occurred soon after conception.

THE REASONS

Causes of morning sickness are uncertain, but it has been linked with high hormone levels that occur early in pregnancy. How it might reduce chances for miscarriages is also uncertain. Theories include the idea that nausea could make women avoid potentially harmful substances.

THE BOTTOM LINE

Hinkle said the results should be reassuring to women concerned that morning sickness could be harmful — and unaffected women shouldn't be alarmed. "Every pregnancy is different and just because they don't have symptoms doesn't mean they're going to have a pregnancy loss," Hinkle said.

THE ASSOCIATED PRESS

WHOOPING COUGH

Kids' vaccine wanes for whooping cough: Study

The current vaccine for pertussis, or whooping cough, is highly effective during the first three years after children get their shots, but immunity wanes over the next several years, leaving little protection from the disease, researchers say.

In an Ontario study published Monday in the Canadian Medical Association Journal, researchers found that immunity begins waning about four years following the last scheduled childhood immunization or booster shot given to an adolescent or adult. Within a few more years, the vaccine's effectiveness has diminished significantly.

"The protection that the vaccine gives is very good in the first couple of years after the immunization is given," said Dr. Natasha Crowcroft, chief of applied immunization research for Public Health Ontario. "So it's good news for protecting babies.

"But that protection, it fades pretty quickly. So by the time you're at seven or eight years (out), you've got very little protection left."

Researchers found the odds of contracting whooping cough following vaccination increased by 27 per cent each year, although the overall risk remained small.

Whooping cough is a highly contagious bacterial infection that affects the respiratory tract and is often marked by a severe hacking cough, followed by a high-pitched intake of breath that sounds like a "whoop." Some infants may not cough, but may struggle to breathe or even temporarily stop breathing.

Pertussis is particularly dangerous for babies and can lead to hospitalization and, in rare cases, death.

Before the introduction of Canada's public pertussis vaccine program, annual incidence of the disease averaged 156 cases per 100,000 people. Since the vaccination program came into effect, the number of new cases has ranged from two per 100,000 in 2011 to 13.9 cases per 100,000 in 2012.

Most cases occur in under-immunized populations, often among those in which parents oppose vaccination, usually on philosophical or religious grounds. THE CANADIAN PRESS

LITERARY AWARDS

Short list for 2016 Giller Prize dominated by female writers

Women dominate the 2016 Scotiabank Giller Prize short list, announced Monday morning at a reception at the Art Gallery of Ontario hosted by CBC Radio's Matt Galloway.

Of the six finalists, five are women with Gary Barwin, author of Yiddish for Pirates, the sole male finalist for the prestigious prize.

There's an extra nominee from the usual five; jury chair Lawrence Hill told Torstar News Service he and the other jurors "just felt that five wasn't enough to contain our enthusiasm so we spilled over to six."

The shortlisted nominees were culled from the 12-author long list announced on Sept. 7. Those, in turn, were chosen from a field of 161 titles submitted by 69 publisher imprints.

The six writers competing for the $100,000 grand prize are:

Mona Awad for her debut novel 13 Ways of Looking at a Fat Girl (Penguin Canada), her exploration of body image issues. This title won the Amazon.ca First Novel Award in May.

Gary Barwin for Yiddish for Pirates (Random House Canada), a pirate's tale narrated by a 500-year-old parrot that is a riotous play with language. Barwin's been writing poetry, short fiction and children's books for years, but this is his first novel.

Madeleine Thien is on the short list for the Giller Prize.

THE CANADIAN PRESS/HO-RANDOM HOUSE OF CANADA-BABAK SALARI

Emma Donoghue for The Wonder (HarperCollins Publishers), set in Ireland, about a girl who continues to live despite an extended fast. It looks at faith, religion and the power it holds. Donoghue was previously longlisted for her book The Sealed Letter in 2008

Catherine Leroux, The Party Wall (Bibioasis International Translation Series, translated by Lazer Lederhendler), a novel made up of stories that explore the things that bind people together.

Madeleine Thien, Do Not Say We Have Nothing (Alfred A. Knopf), an epic novel that chronicles the tragedy of revolutionary and communist China.

This book has also been shortlisted for the Man Booker Prize. This is her first appearance on the Giller list and, surprisingly, given the strength of her reputation, on any of the major Canadian prize lists.

Zoe Whittall, The Best Kind of People (House of Anansi Press), which examines rape culture and the effect on a family and community when one of its members is accused of sexual assault. Hill, as he announced it as one of the finalists, called it "urgent and timely, nuanced and brave."

This year's five-member jury, chaired by Hill, included Jeet Heer and Kathleen Winter, as well as British author Samantha Harvey and Scottish writer Alan Warner.

TORSTAR NEWS SERVICE

BOOKMARKED

- The winner will be announced at a gala in Toronto to be aired live on CBC on Monday, Nov. 7 at 9 p.m. in a broadcast to be hosted by comedian Steve Patterson.
- The prize for the winner is $100,000, while each finalist receives $10,000.
- The winner will also receive a two-week residency at the Banff Centre for Arts and Creativity.

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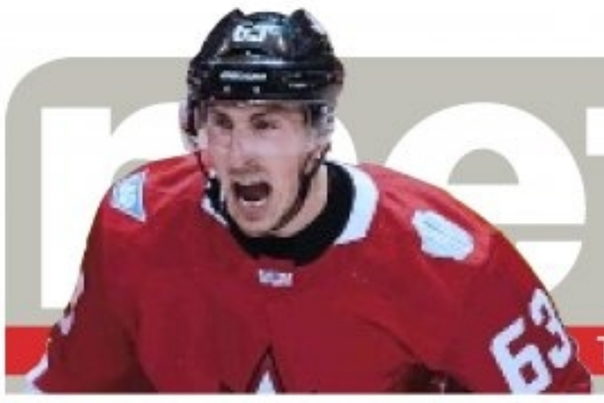

The Boston Bruins have signed forward Brad Marchand to an eight-year, $49-million contract extension

Marlins overcome by emotions in win

MLB

Miami honours Fernandez a day after ace pitcher's death

Dee Gordon and the Miami Marlins wore their emotions on the sleeves of their No. 16 jerseys.

Jose Fernandez would have loved it.

Gordon homered leading off the first inning for the Marlins, who totalled 14 hits and mixed cheers with the tears of the past two days by beating the New York Mets 7-3 on Monday night in their first game since Fernandez died in a boating accident.

"We were hitting balls underwater pretty much," slugger Giancarlo Stanton said. "Our eyes were full of water."

Adam Conley pitched three scoreless innings subbing for Fernandez, who had been scheduled to make his final start of the year. Justin Bour went 3-for-3 and Gordon had four hits, including one that will go down in Marlins lore.

Paying tribute to their charismatic ace, the left-handed-hitting Gordon stepped to the plate as a righty leading off the first. After one pitch, Gordon switched to his customary left side, and pulled a 2-0 delivery from Bartolo Colon into the upper deck for his first homer of the season.

Marlins hitting coach Barry Bonds, left, hugs an emotional Dee Gordon after he hit a home run against the New York Mets on Monday in Miami. LYNNE SLADKY/THE ASSOCIATED PRESS

The improbable clout brought tears, even from Gordon. He began crying as he circled the bases.

"It seemed like it took forever," he said. "I was trying to get back to my teammates as fast as possible. I was just wondering why Jose wasn't there standing on the top step cheering for me."

After crossing the plate Gordon tapped his chest and waved toward the sky, and sobbed as teammates hugged him in the dugout.

PRE-GAME

Following the national anthem, New York manager Terry Collins led his Mets across the field to share hugs with the Marlins.

Stanton said the homer from the 170-pound Gordon was unbelievable but easy to explain.

"Pure emotion," Stanton said. "There's no other way it could be scripted, unless you're in a movie rewriting everything that just happened."

Each of the Marlins wore black jerseys bearing Fernandez's No. 16 and name, a tribute they had suggested. Stanton delivered an emotional speech as the entire team gathered at the mound moments before the game, and then contributed a hit, a run and a running, lunging backhanded catch in right field to rob Jay Bruce.

THE ASSOCIATED PRESS

NBA

Raps high on using status for change

The Toronto Raptors plan to join the growing chorus of pro athletes speaking out against police brutality, a topic that has hit close to home for DeMar DeRozan.

"I had a close friend of mine a couple of weeks ago that was murdered by the police, shot 17 times," the star guard said Monday at the team's media day prior to the start of training camp. "It was something I haven't spoke out about, it was more so of just understanding what's going on in our society and how much I can help."

> **All I tell our guys is to be informed ... and do it from the heart.**
>
> Coach Dwane Casey on potential protests

San Francisco 49ers quarterback Colin Kaepernick refused to stand for the Star-Spangled Banner in protest of police shootings and racial inequality in the United States, and his action has spread not only across the NFL, but to NCAA football and the WNBA.

And now, the NBA — in which 75 per cent of players are black — will surely see some players follow suit when the season tips off next month.

The Raptors say they're all for using their high-profile platform to press for change but didn't offer specifics of how they would do that, including whether they would refuse to stand during the anthem. THE CANADIAN PRESS

IN BRIEF

Seahawks QB recovering well from knee injury: Coach

Seattle Seahawks quarterback Russell Wilson has a sprained MCL in his left knee, and coach Pete Carroll raised the possibility on Monday of Wilson missing the Week 4 game against the New York Jets.

Carroll said during his weekly radio show on KIRO-AM on Monday morning that Wilson "feels great" and that his recovery is already going "exceedingly well."

THE ASSOCIATED PRESS

Team Europe to go forward without Gaborik's services

Team Europe forward Marian Gaborik will miss the World Cup of Hockey final with a lower-body injury.

Gaborik, a 34-year-old Slovak forward, left the European squad on Monday with a foot injury that will keep him out eight weeks as confirmed by his NHL club, the Los Angeles Kings.

Game 1 in the best-of-three final series against Canada is Tuesday night.

THE ASSOCIATED PRESS

Vancouver metro

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NOVEMBER 10, 2016

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RECIPE Roasted Cauliflower Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Don't turn your back on salad now that cooler days are here! Roasting cauliflower gives it a delicious, nutty flavour you'll love.

Ready in 40 minutes
Prep time: 30 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 1 head of cauliflower cleaned and cut into small florets
- 1 head romaine lettuce cleaned and cut into thin strips
- 6 or 7 leaves of radicchio cleaned and cut into thin strips
- 1/2 cup extra virgin olive oil
- 1/4 cup red or white wine vinegar
- 2 shallots minced
- handful of hazelnuts roughly chopped
- salt and pepper

Directions
1. Preheat oven to 350 degrees.
2. Toss cauliflower florets in a bit of olive oil, salt and pepper. Pour into shallow roasting pan and place in oven for about 30 minutes. Turn and toss once or twice.
3. Remove from the oven and allow to cool.
4. In a jar, place oil, vinegar, shallots and salt and pepper and shake.
5. Dress your lettuce lightly in the dressing and arrange in a bowl or on a platter. Drizzle some dressing over the cauliflower and toss.
6. Arrange the dressed cauliflower on the lettuce. Sprinkle nuts on top.

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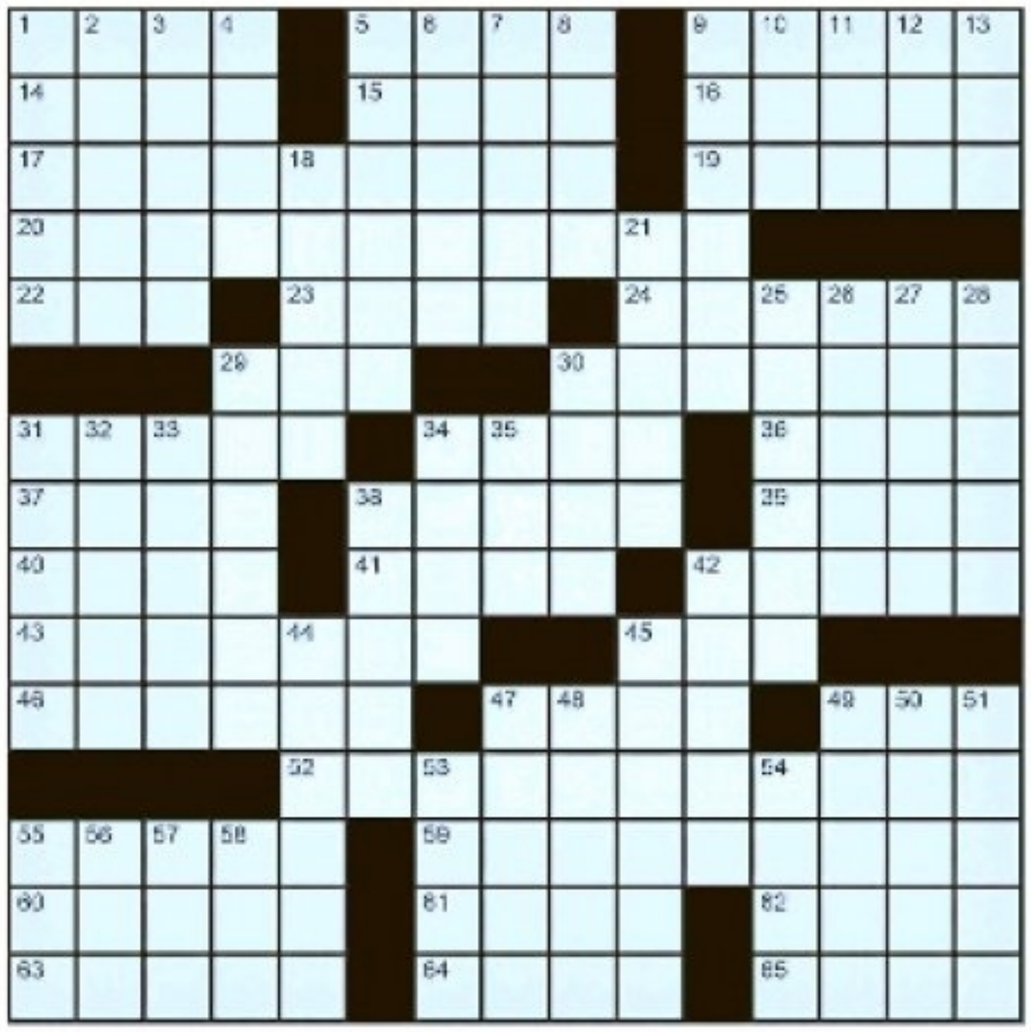
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Chesterfield
5. Lament loudly
9. Earthy pigment
14. Mr. Sandler
15. Prefix meaning 'Self'
16. Easily duped
17. Practicing performer
19. Short-tailed weasel
20. Penticton, British Columbia born actress who won a Tony Award in 1972 for her performance in the Stephen Sondheim stage musical Follies: 2 wds.
22. The Family Stone's star
23. Podium
24. The very start
29. Cry from a kitten
30. Domed building lobby
31. Raised flatlands
34. Mister Ed's pace
36. Film _ (Movie genre)
37. Cut
38. Party beverage in a large bowl
39. Ms. de Matteo
40. Pro _ (In proportion)
41. Thin wood strip
42. Salad green
43. Cacophony
45. _ Na Na
46. Ranch animals
47. "...or to take arms against _ _ of troubles..." - Hamlet
49. ABBA song
52. Canadian band with the 1986 tune "Me, Myself & I"; 2 wds.
55. Papa _ (Rock band)
59. Most sparkly
60. Boredom
61. Charles _, Officer Renko portrayer on '80s police series "Hill Street Blues"
62. Prude
63. Like well-worn denim
64. _ Christie (Eugene O'Neill play)
65. Casino game

DOWN
1. Ms. Gilbert's of "The Talk"
2. Nancy of "Entertainment Tonight"
3. "Lost" actor, Jeff _
4. 'Travelers Cheques' co.
5. Poland's capital
6. Also, in Montreal
7. Particulars
8. Ms. Loughlin of "Full House"
9. Like an ajar door
10. Front door floor piece
11. Prefix to 'hazard'
12. Movies actress Ms. Mendes
13. Soak flax
18. White House staff
21. Comb's one-of-some
25. Arctic's treeless expanse
26. SnooZZZe
27. Ms. Falco's
28. Ms. Reid, and namesakes
29. Nova Scotia: Isle _ (Island off Cape Breton)
30. Full-bodied, as flavour
31. Singer Mr. Anthony, and namesakes
32. Glorify
33. Bristly hairs
34. Thickening gum
35. Sandy mound bug
38. Lavish
42. My Name Is Asher Lev novelist Mr. Potok
44. Type of flower
45. "Just Another Day" singer Jon
47. Edgar _ Poe
48. Coil of yarn
49. Vista
50. "The Price Is Right" announcer, Johnny _ (b.1910 - d.1985)
51. Brief-but-heated fight
53. Title in Turkey
54. Peril
55. TKO caller
56. _ _ mission
57. "Keep talking..."
58. Pool stick

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next six weeks, your ambition is aroused. This will help you to accomplish a lot; however, use caution during conflicts with bosses and co-workers.

Taurus April 21 - May 21
Your interest in intellectual ideas will grow in the next month. You will expand your personal beliefs. Travel will please you as well.

Gemini May 22 - June 21
Disputes about inheritances, shared property and debt are likely during the next six weeks. You will be successful in settling things the way you desire.

Cancer June 22 - July 23
Fiery Mars is opposite your sign for the next six weeks, creating tension between you and others. You want to put your cards on the table and tell it like it is!

Leo July 24 - Aug. 23
You can accomplish a lot in the next month because Mars will give you the energy to do so. However, you will want credit for what you do.

Virgo Aug. 24 - Sept. 23
Grab every opportunity for playful diversions during the next six weeks. Take a vacation. You will have lots of energy for physical sports.

Libra Sept. 24 - Oct. 23
Increased chaos and activity at home are likely during the next six weeks, perhaps due to renovations, redecorating projects or visiting guests. Handle this with patience and grace.

Scorpio Oct. 24 - Nov. 22
Your communication with others is strong in the coming month. You will have no trouble persuading people to agree with your ideas. (Don't be overbearing.)

Sagittarius Nov. 23 - Dec. 21
It will be easy to earn money in the next six weeks, because you have the energy to focus on this. Likewise, many of you will be spending a lot.

Capricorn Dec. 22 - Jan. 20
Fiery Mars will be in your sign for the next six weeks. This happens only once every two years. Get ready for lots of activity and hard work!

Aquarius Jan. 21 - Feb. 19
Behind-the-scenes work will appeal to you in the month ahead because you want to do something quietly, perhaps on your own. Be aware that someone might not agree with your choices.

Pisces
Feb. 20 - March 20
Physical sports and competition will mark your activities for the next six weeks. This also is a good time to define your goals and actively pursue them.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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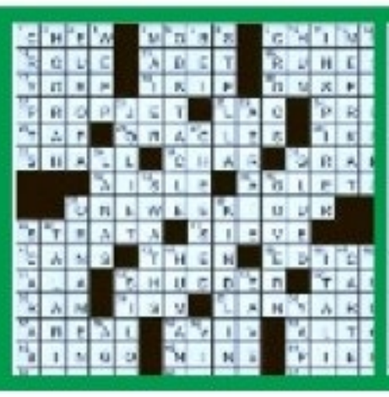

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WE ARE ALL CANUCKS

OCTOBER

NOVEMBER

DECEMBER

JANUARY

FEBRUARY

MARCH

APRIL

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